



Annette – Gaiter/Neck Warmer

, dual purpose as an ear warmer, too. Use fabric with at least 30% stretch, shown in wool fleece. You may need to adjust these measurements for thicker materials (smaller, for less bulk) or lighter weight, stretchier knits (extra fabric is tolerable.)

Patterns for Pirates has a similar pattern available (Sailor Gaiter, under freebies.)

<https://www.patternsforpirates.com/product/sailor-gaiter/>

Please do not use these for masks since knit fabrics do not give the same protection as two layers of cotton fabric.

Buff, Gaiter, Neck Warmer or Neck Tube: Whatever you call it, these versatile tubes of knit keep the chill from your neck, act as an ear warmer or can be pulled over your head as a cap.

This is a great way to use up your knit scraps and it takes only a few minutes to complete.

1. Using knit fabric with at least 30% or more stretch, cut a piece ~18 long and 20- $\frac{3}{4}$ " wide.
2. Sew a single seam with a flatlock or narrow zig-zag stitch. Secure each end with a back-stitch. You're done.

Tips: Depending on the wearer's head size and if they wish to wear it as an ear warmer, you may need to cut the width slightly wider, or narrower.

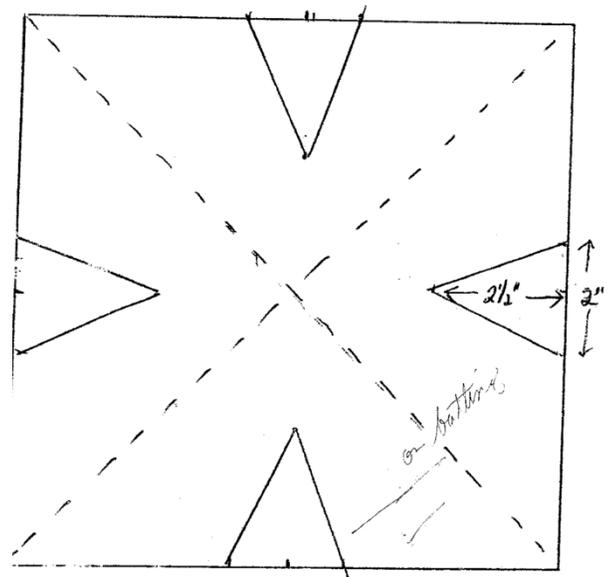
If you don't have enough width, make 2 strips and sew together to make the correct width. If possible, cut with a rotary cutter to make cleaner ends.



1. [Scrappy dog leash](#)
2. [Bubble pod pattern](#)
3. [Little Japanese bags](#)
4. Oatmeal bowls

Oatmeal Bowl:

1. Cut two 10" squares of cotton fabric (no metallics)
2. Cut two ~9.75" squares cotton batting (microwave safe)
3. Layer batting to wrong sides of fabric squares.
4. Fold and stitch darts, and across square corner to corner (see illustration).
5. Cut away batting from darts and press open.
6. Put quilted squares right sides together and sew around with a ¼" seam leaving a ~3" opening for turning.
7. Turn and top stitch around edge of bowl closing opening in the process.



Julie – Reusable sandwich bags, using PUL fabric inside. Machine washable.

Food safe PUL fabric is available at many fabric stores, including www.wazoodles.com Pattern and tutorial at: https://www.youtube.com/watch?reload=9&v=qeHLoA6ayw8&ab_channel=CraftyLoriLoriSimonson



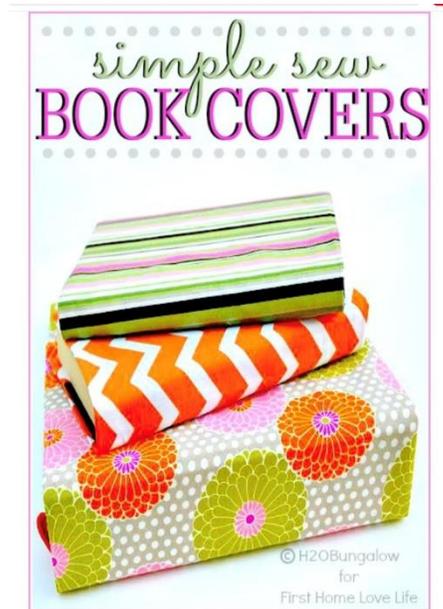
Zippered Box Pouch bags, also using PUL fabric inside for extra water-resistance!

Available in 3 sizes. https://www.youtube.com/watch?v=Yr_A8Zfbq9w&ab_channel=MelanieHam



Cindy – Fabric Book Covers. Add a creative

touch to sewing notebook. Cindy suggests having a handy list of all the fabric shops out there that our members recommend.



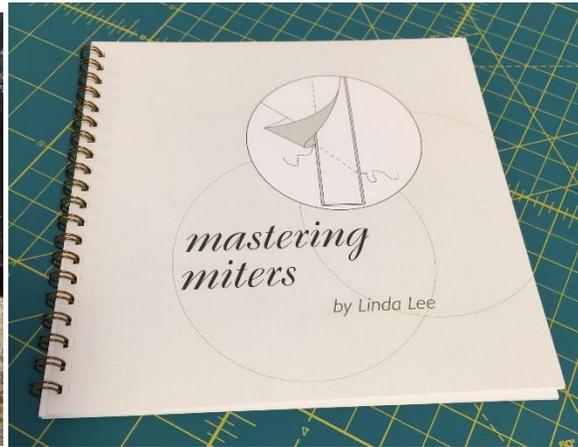
Sarah - Revisited the ideas that Denise shared several years ago. Sarah loved for a particular little Japanese bag, where fabric becomes part of the gift and is meant to be re-gifted.

Dog Scarf – Two layer scarf that tucks one end through the other. Denise likes making this style scarf for people because it lays flat under a coat.



Linda – Re-purposed old feed sacks into heirloom towels for family members.





Lorraine – Fabric leaf bowls, using scraps of fabric and heat moldable interfacing.

Pattern: <https://www.poorhousequilt designs.com/Products/Natural-Inspiration-Leaf-Bowls>

Interfacing: <https://www.amazon.com/Bosal-Moldable-Stabilizer-Supplies-36-Inch/dp/B009MRL1AA>

Leaf shape interfacing: <https://stinas-quilt-and-sewing-supplies.myshopify.com/products/heat-moldable-shapes>



Step 1:

Trace **twice** the leaf shape you want in Freezer Paper (shiny side down,) once with just the outline, the other divisions and placement labels.



Step 2:

Cut out the freezer paper leaf and iron it onto a file folder. Cut out the leaf shape from the file folder.



Step 3:

Trace around the file folder leaf shape on the Heat Moldable Stabilizer (HMS) and cut it out.



Step 4:

Cover the BACK of the HMS leaf with a piece of fabric, fuse and cut out. Be sure and use Teflon sheet to protect ironing board.



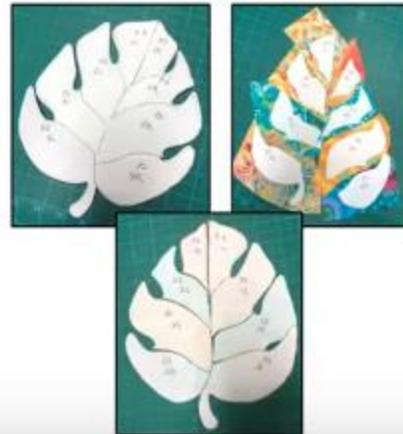
Step 5:

Select scraps of fabric for the leaf divisions and audition their placement.



Step: 6

Cut the leaf parts out of the freezer paper pattern and iron them onto their chosen fabrics. Cut out.



Step 7:

Remove the freezer paper patterns from the fabric pieces and place them on the HMS.



Step 8:

Press to fuse the fabric pieces onto the HMS. Now both sides of the HMS have fabric fused to them.



Step 9:

Now you are ready to stitch! I use a .2mm length x 4.5mm width satin stitch in a coordinating color to stitch leaf parts and edges and straight stitch for leaf veins.



Step 10:

Press the finished leaf until the heat softens the HMS.

**Step 11:**

Push the warm leaf into a bowl to shape it. You can push it down with another smaller bowl or shape it over the bottom of a bowl.

**Step 12:**

While still soft and warm you can "tweak" the shape as you wish. Once cool, the bowl will be stiff the way you shaped it.

**Voila!**

Make your bowls in holiday or seasonal fabrics, match home décor, or choose recipient's favorite colors! Use for your car keys, wrapped treats, jewelry or decorations.



Bonnie – Little felt birds for a Holiday swag.

Great to do some hand stitching while chatting with family and friends. Many patterns out there. These would be good Christmas tree decorations.



Lisa – Hannukah vests for her grandkids! Joann's

had Hannukah fabric so she jumped at the chance to make something special.



The little drawstring bags that scarves from our

Scarf Challenge can be repurposed into gifts. Lisa used glitter glue to decorate one for Hannukah. <https://www.scrapbook.com/store/sub->



Christmas stockings – Cats in winter hats and Grinch themed.



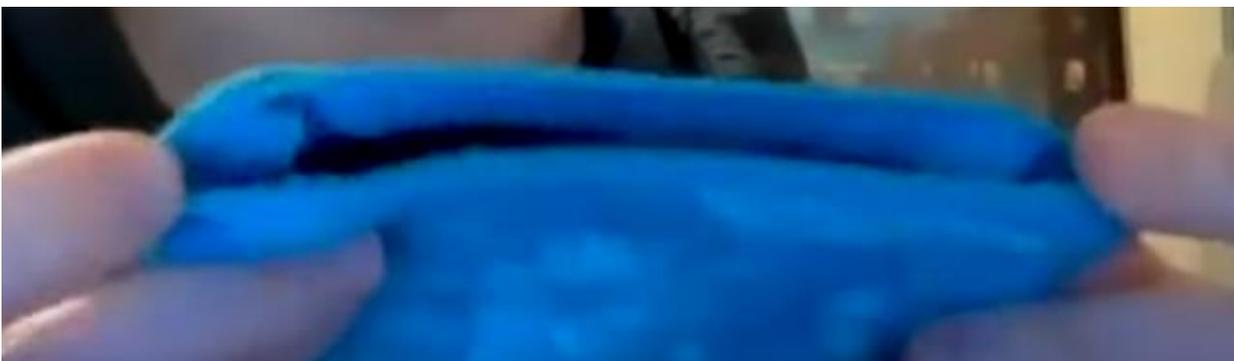
Dorothy – seconds lots of projects we discussed, including the neck gaiters/ear warmers and fun origami bags. This bag is made from two 8 ½ " squares with the corners folded over and tacked in place. It opens flat or ties up with a simple drawstring.





She likes using Green Pepper Patterns <https://www.thegreenpepper.com/product-category/hats-footwear-gloves/>

Abby – Kindle or Tablet cases, personalized with embroidery. Abby says to make sure to put a little extra space on the sides so that the zipper opens wide enough and doesn't scratch the device.



Jewelry pouch – an easy pattern for beginners, made from circles (one tacked down to the other to create pockets. https://www.youtube.com/watch?v=HUER7OL2_jc



Abby shared an idea for **throw pillows** – gift someone the shams, then make new covers for them over time (since you know what size cover they'll need).



Abby also suggests fabric bookmarks, coin purses (especially in the car), car trash bags, and cord keepers (like <https://www.youtube.com/watch?v=BxO8Xwrh5rQ>)

Kathy turned an heirloom handkerchief into a simple drawstring bag – a sentimental keepsake and her “something old” on her wedding day.

